## **Spotlight on FDDC Resources**

**Disability Awareness through Language Arts and Literature: Resources for Prekindergarten and Elementary School** (Updated) is a resource intended to support educators and families to promote positive attitudes toward, and facilitate successful inclusion of, students with disabilities; increase respect and acceptance of individual differences; increase understanding of disabilities and related social issues; and facilitate the development of literacy and language arts skills through activities about disability awareness. An instructional guide for educators is also available online.

**Florida Postsecondary Education Guide (New)** is a resource that provides in-depth descriptions of postsecondary programs in Florida that serve students with intellectual and developmental disabilities. While the guide is primarily targeted to students and their families, it may be useful for educators, agencies and others.

**Employment First Messaging DVD** (New) details the collaborative efforts of nine state agency and organization collaborative efforts to improve employment outcomes for individuals with disabilities in Florida. The DVD may be used by anyone seeking to share information with diverse stakeholders on Florida's Employment First efforts.

\*Connections Guide: Tools and Resources for Adult Life (New) provides information that connects individuals with intellectual and developmental disabilities and their families to tools and resources that will support their transition into adult life.

The Florida Rural Routes to Employment Replication Manual (New) contains best practice information for individuals providing services or desiring to provide services in the areas of customized employment, job development, placement and follow-along supports, including specific strategies to achieve quality employment outcomes for individuals with intellectual and developmental disabilities residing in rural settings.

A Home That Fits: Personal Assessment Tool for Housing (New) is an easy to read guide for Floridians with intellectual and developmental disabilities interested in in learning about the many options of housing in community living situations such as home ownership, rental/leasing and/or assisted living in the community.

\*Easing Your Stress – Information for Caregivers of Individuals with Developmental Disabilities (Reprint) is a publication about stress and stress management for caregivers of individuals with intellectual and developmental disabilities.

\*Stress and What You Can Do About It (Reprint) is a full color book that takes individuals with intellectual and developmental disabilities through a colorful, graphically attractive and easy-to-read lesson in the basics of stress and stress management.

These publications can be downloaded from the FDDC website at <a href="http://www.fddc.org/publications">http://www.fddc.org/publications</a> or by ordering hard copies at <a href="http://www.fddc.org/publications/order-online">http://www.fddc.org/publications/order-online</a>.

\*Please note that some products have limited print availability.